



Article title: The moisture distribution in wall-to-floor thermal bridges and its influence on mould growth

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Keywords: Coupled heat and moisture transfer, Wall-to-floor thermal bridge, Moisture distribution, Mould growth, Built environment

1 The moisture distribution in wall-to-floor thermal bridges and its influence on mould 2 growth

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9 Abstract

10 Moisture in the building envelopes increase the energy consumption of buildings and
11 induce mould growth, which may be amplified within the area of thermal bridges due to their
12 different hygrothermal properties and complex structures. In this study, we aimed to (1) reveal
13 the moisture distribution in the typical thermal bridge (i.e., wall-to-floor thermal bridge, WFTB)
14 and its surrounding area, and (2) investigate the mould growth in the building envelope that
15 includes both WFTB and the main part of the wall, in a humid and hot summer cold winter
16 region of China (Hangzhou City). The transient numerical simulations that lasted for five years
17 were performed to model the moisture distribution. Simulated results indicate that the moisture
18 distribution presents significant seasonal and spatial differences due to the WFTB. The areas
19 where moisture accumulates have a higher risk of mould growth. The thermal insulation layer
20 laid on the exterior surface of WFTB can reduce the overall humidity while uneven moisture
21 distribution, which may promote mould growth and water vapour condensation.

22 **Keywords:** Coupled heat and moisture transfer; Wall-to-floor thermal bridge; Moisture
23 distribution; Mould growth

24 1. Introduction

25 The moisture content in envelopes impacts energy dissipation and water condensation by
26 modifying both heat and moisture transfer characteristics in building envelopes. Such influence
27 becomes more obvious when building envelopes are exposed to a hot-humid climate, such as
28 the hot summer and cold winter climate zone in China [1]. The previous study has demonstrated
29 that the cooling, heating and yearly load are significantly underestimated when the moisture
30 transfer is neglected, revealing the importance of the analysis of coupled heat and moisture
31 transfer [2]. Wang *et al.* investigated the thermal insulation performance of a typical thermal
32 bridge (i.e., exterior corners) under steady-state conditions. The results indicate that the
33 moisture transfer not only increases the heat dissipation of thermal bridges but also expands the
34 influencing area [3]. Further, the phenomenon is significant with the increase in relative
35 humidity [4].

36 The moisture in building envelopes not only affects the characteristics of heat transfer but
37 also induces the mould growth and condensation of water vapour. Because the health could be

38 seriously threatened when occupants, especially children, are heavily and systematically
 39 exposed to airborne fungal agents, indoor mould growth becomes an important issue with
 40 critical implications [5]. The indoor organic pollutants caused by mould can also significantly
 41 decrease the service life of building materials and components [6]. Further, mould not only
 42 grows on the surface but also germinates and expands inside building envelopes, mainly
 43 through condensation within a building form [7-11]. Unfortunately, the negative effects caused
 44 by moisture are more apparent in energy-efficient buildings due to some energy-saving methods,
 45 e.g., the application of the thermal insulation layer [9]. Whereas the above issues could be
 46 apparently magnified by thermal bridges because the transfer process of heat and moisture in
 47 the thermal bridge area differs from that in other areas [12].

48 In order to eliminate the negative effects of thermal bridges, a long-term evaluation of the
 49 moisture distribution in the building envelope is urgently required. The objective of this study
 50 is to establish a model which is capable of simulating the coupled heat and moisture transfer
 51 (denoted as HAMT model) in a typical thermal bridge. The wall-to-floor thermal bridge (WFTB)
 52 takes the most considerable fraction of the building envelope and has the largest heat flux [13,
 53 14]. Therefore, the building envelope with WFTB is employed as the object in our study. The
 54 study aims to (1) display the seasonal moisture distribution of the building envelope, and (2)
 55 find high-risk areas for mould growth.

56 2. Theoretical models

57 As building materials are mostly composed of not only solid matrices but also pores,
 58 moisture will transfer in them together with heat. To describe the coupled process of heat and
 59 moisture transfer in building envelopes, the theoretical model is given in this section. On the
 60 basis of mass conservation law, the mass balance can be written as Eq. (1), which is finally
 61 converted to Eq. (2) with Fick's and Darcy's laws [15].
 62

$$\frac{\partial \omega}{\partial t} = -\nabla \cdot (g_l + g_v) \quad (1)$$

$$\frac{\partial \omega}{\partial t} = \nabla \cdot \left(\left(\delta_p \varphi \frac{dp_{sat}}{dT} \right) \nabla T + \frac{\partial \varphi}{\partial p_c} \left(D_w \frac{\partial \omega}{\partial \varphi} + \delta_p p_{sat} \right) \nabla p_c \right) \quad (2)$$

64 where ω is the gravimetric moisture content ($\text{kg} \cdot \text{m}^{-3}$), t the time coordinate (s), g_l the liquid flux
 65 ($\text{kg} \cdot \text{m}^{-2} \cdot \text{s}^{-1}$), g_v the vapour diffusion flux ($\text{kg} \cdot \text{m}^{-2} \cdot \text{s}^{-1}$), δ_p the water vapour permeability (s), φ
 66 the relative humidity, p_{sat} the saturated water vapour pressure (Pa), T the temperature, p_c the
 67 capillary pressure (Pa), D_w the liquid water diffusivity ($\text{m}^2 \cdot \text{s}^{-1}$), ρ_l the density of liquid water
 68 ($\text{kg} \cdot \text{m}^{-3}$), g the gravitational acceleration ($\text{m} \cdot \text{s}^{-2}$).

69 According to energy conservation law, heat conduction and enthalpy flow caused by both
 70 vapour and liquid water transfer together constitute the energy change in the controlled element,
 71 as shown in Eq. (3). By combining with Fourier's law, the heat balance is then converted to Eq.
 72 (4).
 73

$$\frac{\partial}{\partial t} (\rho_c p T + h_v \omega_v + h_l \omega_l) = \nabla \cdot (-q - h_v g_v - h_l g_l) \quad (3)$$

$$\rho_c p \frac{\partial T}{\partial t} = \nabla \cdot \left(\left(\lambda + h_{lat} \delta_p \varphi \frac{dp_{sat}}{dT} \right) \nabla T + \left(h_{lat} \delta_p p_{sat} \frac{\partial \varphi}{\partial p_c} \right) \nabla p_c \right) \quad (4)$$

75 where ρ is the density of the building material under the absolutely dry condition ($\text{kg}\cdot\text{m}^{-3}$), c_p
 76 the specific heat capacity of the material under the absolutely dry condition ($\text{J}\cdot\text{kg}^{-1}\cdot\text{K}^{-1}$), λ the
 77 thermal conductivity ($\text{W}\cdot\text{m}^{-1}\cdot\text{K}^{-1}$), h_{lat} the latent heat of evaporation ($\text{J}\cdot\text{kg}^{-1}$).

78 As the WFTB is a type of linear thermal bridge, two-dimension models are suitable for
 79 our study considering both accuracy and time efficiency. The two-dimensional formulation of
 80 Eqs. (2) and (4) can then be written as Eqs. (5) and (6).

$$81 \quad \frac{\partial \omega}{\partial t} = \left(\delta_p \varphi \frac{dp_{\text{sat}}}{dT} \right) \left(\frac{\partial^2 T}{\partial x^2} + \frac{\partial^2 T}{\partial y^2} \right) + \frac{\partial \varphi}{\partial p_c} \left(D_w \frac{\partial \omega}{\partial \varphi} + \delta_p p_{\text{sat}} \right) \left(\frac{\partial^2 p_c}{\partial x^2} + \frac{\partial^2 p_c}{\partial y^2} \right) \quad (5)$$

$$82 \quad \rho c_p \frac{\partial T}{\partial t} = \left(\lambda + h_{\text{lat}} \delta_p \varphi \frac{dp_{\text{sat}}}{dT} \right) \left(\frac{\partial^2 T}{\partial x^2} + \frac{\partial^2 T}{\partial y^2} \right) + \left(h_{\text{lat}} \delta_p p_{\text{sat}} \frac{\partial \varphi}{\partial p_c} \right) \left(\frac{\partial^2 p_c}{\partial x^2} + \frac{\partial^2 p_c}{\partial y^2} \right) \quad (6)$$

83 The governing equations for the HAMT model can be closed when the boundary
 84 conditions are introduced. Because both the wind-driven rain (WDR) and the convective vapour
 85 exchange cause moisture flow, Eq. (7) is used to describe the process of moisture flow from the
 86 environment to the surface of building envelopes.
 87

$$g = \beta \left(\varphi_{\text{amb}} p_{\text{sat,amb}} - \varphi_{\text{sur}} p_{\text{sat,sur}} \right) + \left(R_{\text{WDR}} - R_{\text{runoff}} \right) \quad (7)$$

88 where g is the total moisture flux ($\text{kg}\cdot\text{m}^{-3}$), β the vapour transfer coefficient at the surface
 89 ($\text{kg}\cdot\text{Pa}^{-1}\cdot\text{m}^{-2}\cdot\text{s}^{-1}$), φ_{amb} and φ_{sur} the relative humidity of the environment air and the surface,
 90 $p_{\text{sat,amb}}$ and $p_{\text{sat,sur}}$ the saturation water vapour pressure of environment air and the surface (Pa),
 91 R_{WDR} the moisture load caused by wind-driven rain ($\text{kg}\cdot\text{m}^{-2}\cdot\text{s}^{-1}$), R_{runoff} the excess water that
 92 runoff at the exterior surface ($\text{kg}\cdot\text{m}^{-2}\cdot\text{s}^{-1}$). It is assumed that there is no splash and runoff at the
 93 exterior surface of building envelopes, all the raindrops are absorbed and the R_{runoff} thus equals
 94 zero [16, 17]. Note that the last term on the right-hand side is zero when Eq. (7) is applied to
 95 the indoor side.

96 The heat flow across the surface comprises convective heat transfer, the latent heat transfer
 97 accompanied by the moisture flow, as well as the solar radiation, which is given as Eq. (8).
 98

$$q = h(T_{\text{amb}} - T_{\text{sur}}) + h_{\text{lat}} \beta \left(\varphi_{\text{amb}} p_{\text{sat,amb}} - \varphi_{\text{sur}} p_{\text{sat,sur}} \right) + \alpha I + \left(R_{\text{WDR}} - R_{\text{runoff}} \right) c_{p,l} (T_{\text{amb}} - T_{\text{sur}}) \quad (8)$$

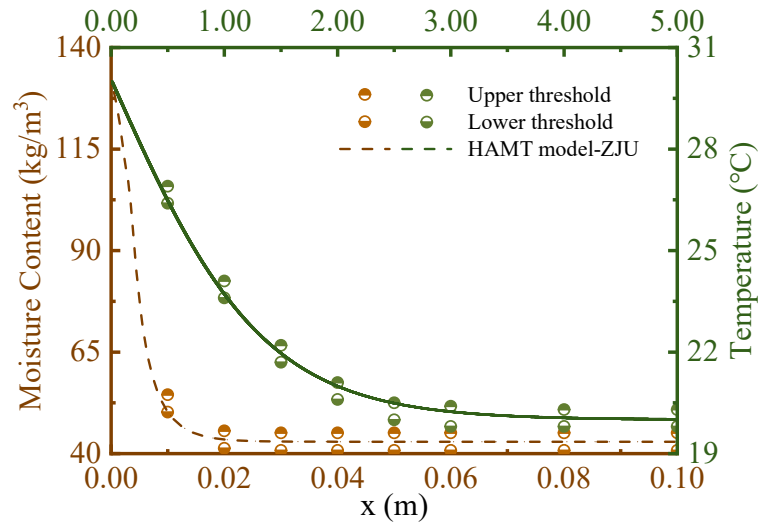
99 where h is the convective heat transfer coefficient ($\text{W}\cdot\text{m}^{-2}\cdot\text{K}^{-1}$), T_{amb} and T_{sur} the temperature
 100 of environment air and the surface (K), α the solar absorptivity of the surface, I the solar
 101 radiation ($\text{W}\cdot\text{m}^{-2}$). It should be noted that the third and fourth terms on the right-hand side are
 102 equal to zero when Eq. (9) is applied to the indoor side.

103 2.2. Validation of the HAMT model

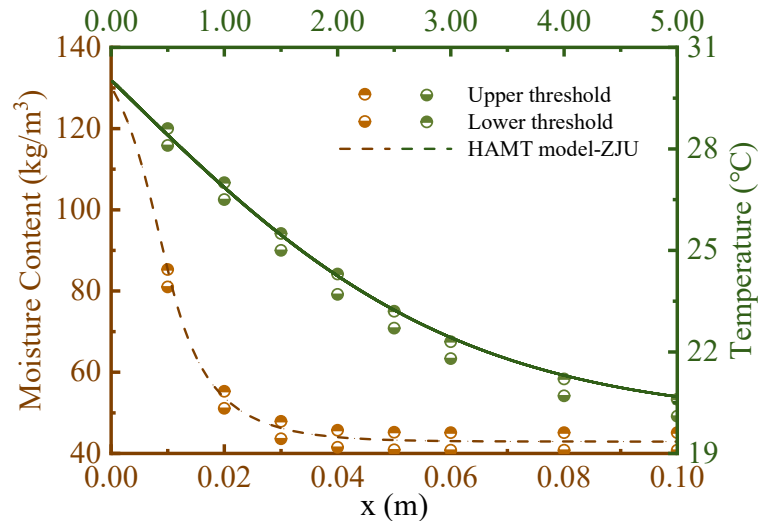
104 Because the proposed partial differential equations in the developed models are fully
 105 coupled and highly nonlinear, the commercial software COMSOL Multiphysics [5.6.0.341,
 106 COMSOL, Inc., Stockholm, Sweden] is adopted to solve the above equations simultaneously
 107 [2-4, 16]. Before the HAMT model is applied, validation should be performed to ensure that
 108 the model has sufficient accuracy. The European Standard EN 15026: 2007 (Hygrothermal
 109 performance of building components and building elements) provides a normative benchmark
 110 with an analytical solution [18]. It is normally believed that the analytical solution is the exact
 111 solution for the PDEs, i.e., the analytical solution can accurately describe the transfer process

112 of heat and moisture. Therefore, whether the HAMT model fulfils some basic requirements is
113 identified in the following.

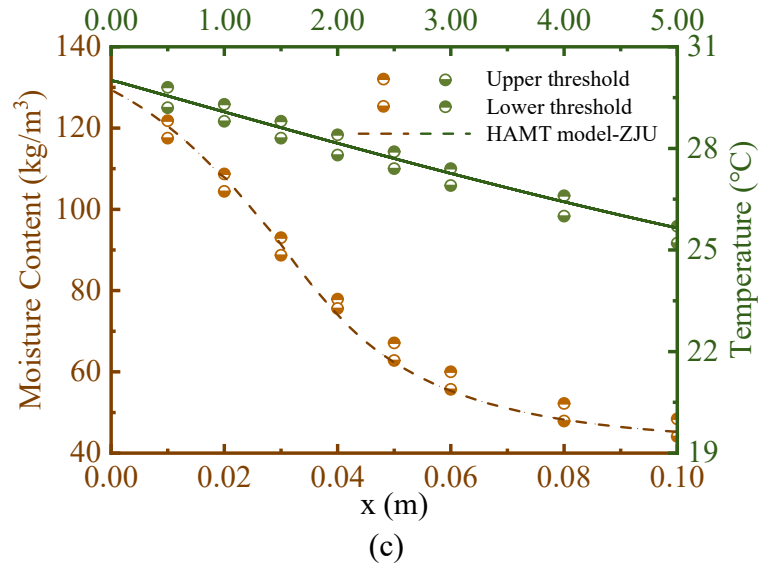
114 The moisture uptake in a thick single homogeneous material (semi-infinite region), which
115 is assumed as perfectly airtight, is analysed in this benchmark. The initial condition of the
116 material is 20 °C with a relative humidity of 50%, which is in equilibrium with the surrounding
117 environment. At a certain time, the surrounding hygrothermal environment undergoes a step
118 change (i.e., the temperature changes to 30 °C and the relative humidity changes to 95%). The
119 material properties and other detailed descriptions are given in the European Standard EN
120 15026: 2007 [18]. The temperature and moisture profiles at different times are then be
121 calculated, as shown in Fig. (1).



(a)



(b)



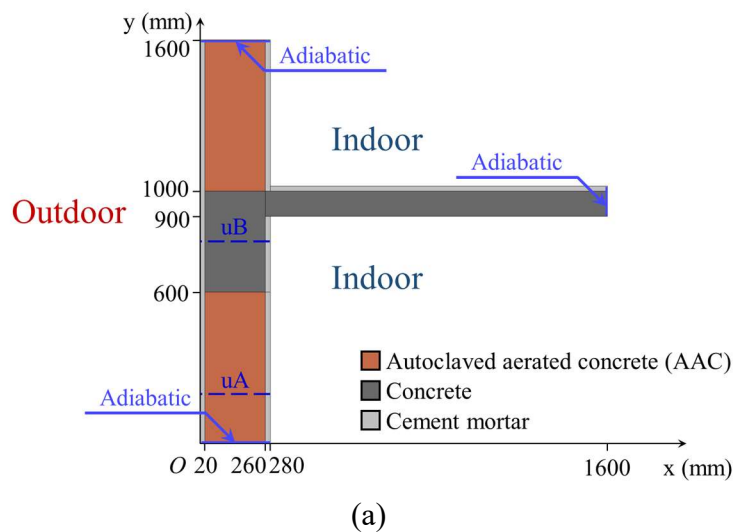
122 **Fig. 1** Comparison between the numerical simulation results of the HAMT model and the
 123 analytical solution of EN 15026: 2007 in temperature and moisture content profile on: (a) the
 124 7th day, (b) the 30th day, and (c) the 365th day.

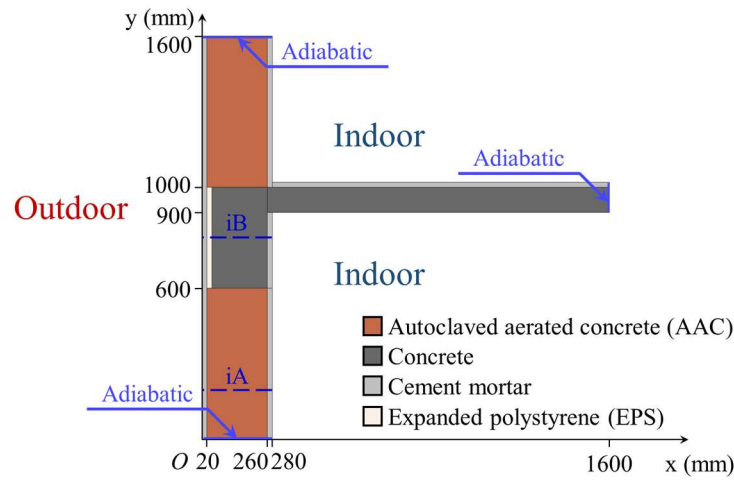
125 By comparing the numerical solution of the HAMT model with the upper/lower threshold
 126 produced by the analytical solution, it can be found that the good agreement in both temperature
 127 and moisture content is firmly proved, as Figs. 1(a) and (b) shows.

128 2.3. Case settings

129 2.3.1. Hygrothermal properties and configurations

130 According to the existing atlas [19-21], Fig. 2 gives two configurations of the typical
 131 WFTB which is commonly used in residential buildings in the hot summer and cold winter
 132 (HSCW) climate zone of China. The WFTB in Fig. 2(a) is uninsulated, whereas Fig. 2(b) is
 133 insulated by an additional 20 mm layer of expanded polystyrene (EPS). The cross-sections of
 134 WFTBs (see blue arrows in Fig. 5) are set as the adiabatic boundary condition, i.e., no energy
 135 and mass transfer here.





(b)

136 **Fig. 2** Configurations of the WFTB: (a) uninsulated, and (b) insulated.

137 Following Kumaran [22], the hygrothermal properties of the building materials are listed
 138 in Table 1. Since the building materials are assumed as homogenous, all of the hygrothermal
 139 properties are uniform in both x- and y-directions. The solar absorptance of the surface α is set
 140 as 0.7 [23] and the initial condition for the WFTBs is $T=293.15$ K and $p_c=135402728$ Pa.

141 **Table 1** Hygrothermal properties of the building materials.

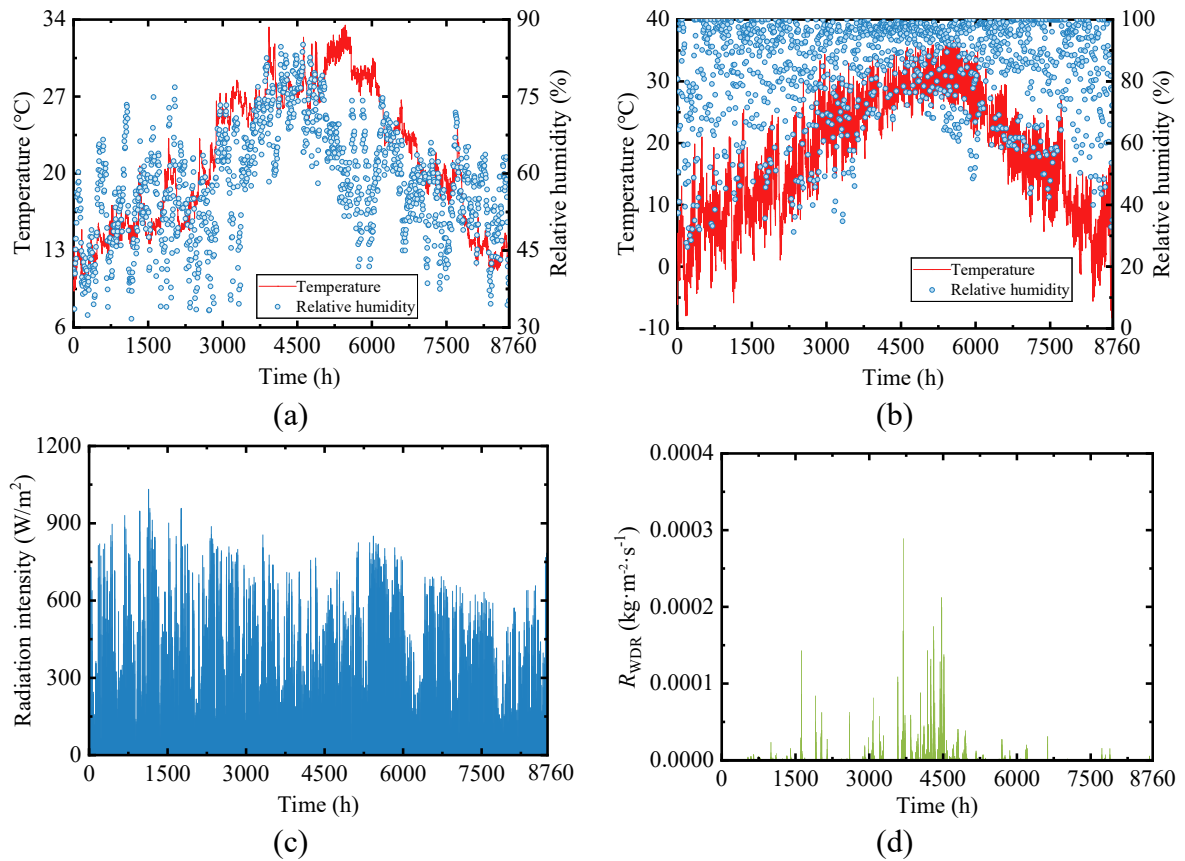
		AAC	Concrete	Cement mortar	EPS
Thermal property	ρ ($\text{kg}\cdot\text{m}^{-3}$)	600	2200	1512	25
	c_p ($\text{J}\cdot\text{kg}^{-1}\cdot\text{K}^{-1}$)	840	940	932	1470
	λ ($\text{W}\cdot\text{m}^{-1}\cdot\text{K}^{-1}$)	$j_1 + j_2\omega$			
	j_1	0.18	2.74	0.53	0.03
	j_2	0.00080	0.0032	0.0031	0.0027
	δ_p (10^{-12} s)	32.42	4.536	17.79	9.978
	ω ($\text{kg}\cdot\text{m}^{-3}$)	$k_1\varphi / [(1 + k_2\varphi) \cdot (1 - k_3\varphi)]$			
Hygic property	k_1	91670	178.6	219.3	9.566
	k_2	10690	5.971	8.731	9.237
	k_3	0.9339	0.7598	0.7414	0.3788
	D_w ($\times 10^{-10}$ $\text{m}^2\cdot\text{s}^{-1}$)	$l_1 \cdot \exp(l_2\omega_v)$			
	l_1	0.92	0.18	27	N/A
	l_2	0.0215	0.0582	0.0204	

142 “ j_{1-2} ”, “ k_{1-3} ”, and “ l_{1-2} ” are coefficients in the equations for thermal conductivity λ , moisture
 143 content ω , and liquid diffusivity D_w , respectively.

144 2.3.2. Background conditions

145 The indoor environment data and meteorological data last for a year in Hangzhou, a typical
 146 city in the HSCW climate zone, are adopted as the ambient conditions. For the indoor side, the
 147 ambient conditions (see Fig. 3-a) are collected from the record of an in-situ measurement in a
 148 residential building in Hangzhou (120.1 °E, 30.3 °N). The temperature and relative humidity of

149 indoor air at 1.1 m above the ground were real-time recorded by automatic RHT recorders
 150 [JTR08ZI, JANTYTECH Co., Ltd., Beijing, the P.R.C.]. For the outside, the meteorological
 151 data is recorded by a weather station (118.7 °E, 29.5 °N) and provided by commercial software
 152 WheatA [1.3.4, Xiaomaiya, Inc., Ningbo, China]. This group of data include temperature and
 153 relative humidity, global horizontal radiation, rainfall rate on a horizontal surface, and the speed
 154 and direction of the wind (see Fig. 3-b to -d). On the basis of the meteorological data, our
 155 seasons can then be divided by using the methods of meteorology and climatology: spring (from
 156 1st Mar. to 31st May, i.e., 1417-3624 h), summer, known as the cooling season (from 1st June to
 157 15th Sept., i.e., 3625-6192 h), autumn (from 16th Sept. to 15th Nov., i.e., 6193-7632 h), and
 158 winter, the heating season (from 16th Nov. to 28th May, i.e., 7633-8760 h and 1-1416 h) [24].



159 **Fig. 3** Ambient environment of WFTBs: (a) indoor temperature and relative humidity, (b)
 160 outdoor temperature and relative humidity, (c) radiation intensity I at the eastward vertical wall,
 161 (d) moisture load caused by wind-driven rain R_{WDR} at the eastward vertical wall.

162 2.4. Evaluation indexes

163 2.4.1. Average of relative humidity in building materials (φ_{ave})

164 Since the environment parameters are obviously affected by seasons, the distribution of φ
 165 in building envelopes has evident seasonal characteristics. Therefore, the average relative
 166 humidity in time domain $\varphi_{ave,t}$, which can be calculated according to Eq. (9), is proposed to
 167 evaluate the overall relative humidity of building materials during a season. With the $\varphi_{ave,t}$ for
 168 all areas of the WFTBs, a distribution of moisture can then be drawn, which is helpful to reveal
 169 the moisture accumulation area and provide guidance for mould and condensation proof.

170

$$\varphi_{\text{ave,t}} = \frac{\int_k^j \varphi_i dt}{j-k} \quad (9)$$

171 where φ_i is the relative humidity at the time i , j and k are the range of the time domain that is
 172 used to calculate.

173 Based on the $\varphi_{\text{ave,t}}$, the average of relative humidity in both time and space domains $\varphi_{\text{ave,ts}}$
 174 is further proposed to assess the overall moisture content in particular components, e.g., the
 175 thermal insulation layer, the WFTB. The $\varphi_{\text{ave,ts}}$ is calculated according to Eq. (10).

176

$$\varphi_{\text{ave,ts}} = \frac{\int_k^j \int_n^m \varphi_{i,l} dx dt}{(j-k) \cdot (m-n)} \quad (10)$$

177 where $\varphi_{i,l}$ is the relative humidity at the time i in position l , m and n are the range of the space
 178 domain that is used to calculate.

179 Thermal resistance R ($\text{m}^2 \cdot \text{K} \cdot \text{W}^{-1}$) is widely used to evaluate the thermal performance of
 180 building envelope. After the $\varphi_{\text{ave,ts}}$ is calculated, the overall thermal resistance can then be
 181 figured out by using Eq. (11) and equations in Table 1.

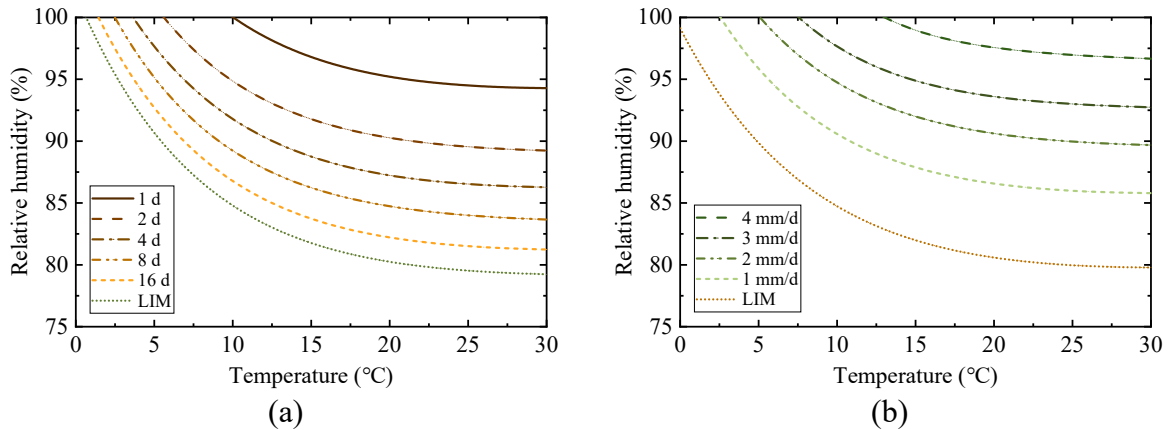
182

$$R = \frac{\delta}{\lambda} \quad (11)$$

183 where δ is the thickness of the building envelope components (m).

184 2.4.2. Isopleth system for evaluation of mould risk

185 In order to predict mould growth under transient boundary conditions, the Fraunhofer
 186 Institute of Building Physics (IBP) in Germany developed a bio-hygrothermal procedure,
 187 which is called the isopleth system [25, 26]. Because the building materials (including cement
 188 mortar, concrete, expanded polystyrene, and autoclaved aerated concrete) are renderings or
 189 mineral building materials, the isopleth system for Substrate category II is therefore employed.
 190 Two groups of isolines are given by the system, one is used to predict the time required for
 191 spore germination (Fig. 4-a), and the other one is for the evaluation of mycelial growth (Fig. 4-
 192 b).



193 **Fig. 4** Isopleth systems for the biologically adverse recyclable building materials: (a) spore
 194 germination rate, and (b) mycelial growth rate.

195 For computational calculation purposes, each isoline needs to be converted into a
 196 mathematical form. Therefore, the two-term exponential is used to fit the isolines and the fitting
 197 results are listed in Table 3. However, it should be mentioned that the isopleth system is
 198 deficient when it is used in the transient case. That is, more frequent germination of spores than
 199 the actual situation will be predicted because an interim drying out of the fungi spores cannot
 200 be taken into account.

201 Following Sedlbauer [25], the calculated microclimatic boundary conditions, including
 202 both temperature and relative humidity, are entered into the isopleth systems as hourly values.
 203 If the growth conditions are above the respective LIM curve (see Fig. 4) for a certain duration,
 204 mould activity may take place, which is automatically evaluated by the computer (see [25] for
 205 detailed information).

206 **Table 3** Coefficients for the equations in the isopleth system.

$\varphi = a \left(e^{b(T-273.15)} + ce^{d(T-273.15)} \right)$		a	b	c	d
Spore germination	LIM	24.37	-0.1268	3.183	0.000486
	2 ⁴ d	24.66	-0.1265	3.219	0.000540
	2 ³ d	23.94	-0.1341	3.460	0.000163
	2 ² d	24.61	-0.1237	3.419	0.000602
	2 ¹ d	25.01	-0.1348	3.524	0.000247
	2 ⁰ d	26.50	-0.1205	3.447	0.000801
Mycelial growth	LIM	22.53	-0.1120	3.399	0.001034
	1 mm/d	22.26	-0.1262	3.763	0.000601
	2 mm/d	22.08	-0.1295	4.005	0.000301
	3 mm/d	23.99	-0.1526	3.852	0.000030
	4 mm/d	42.55	-0.2052	2.290	-0.000297

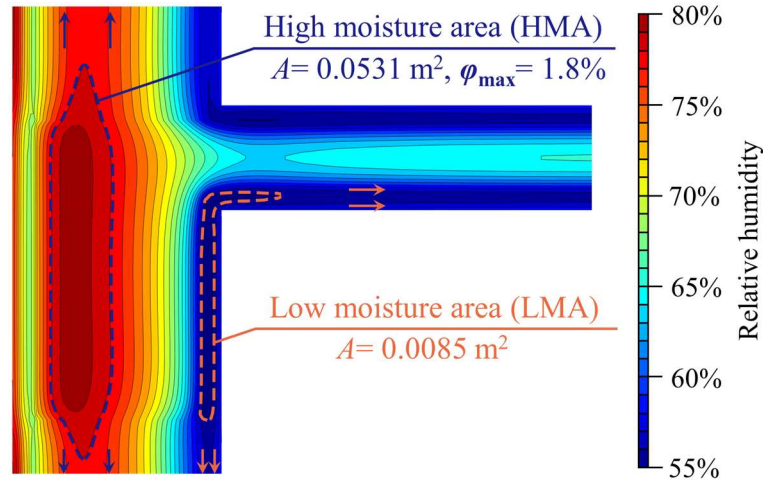
207 3. Results

208 For the purpose of eliminating the influence caused by the initial value, 5-year cyclic
 209 simulations for the process of heat and moisture transfer in this study has been performed. It
 210 should be noted that only the results in the fifth year (i.e., 35041-43800 h), which are still
 211 numbered as 1-8760 h, are used for analysis and the corresponding calculation.

212 3.1. Distribution of relative humidity

213 The relative humidity contours at 1% intervals are drawn in Fig. 5, in which it can be found
 214 that when the components of building envelopes are not intersecting with the others (e.g., the
 215 main part of the wall), the contours are parallel to the surface, as the arrows in Fig. 5 show.
 216 When the properties of the component change or at the corner, the contours bend and may form
 217 a closed area. Such the closed area is called the “high moisture area (HMA)” when the φ in the
 218 closed area is higher than that of the surrounding areas, while the opposite is called the “low
 219 moisture area (LMA)”. In Fig. 5, the areas of the HMA (A) and the LMA are 0.0531 and 0.0085
 220 m², respectively. Calculating the A has a potential value in the practical application because it
 221 can provide guidance on the arrangement of the moisture insulation. For example, HMA
 222 confined to the range of the WFTB means that the moisture-proof measures for the WFTB alone
 223 are sufficient. Otherwise, the moisture-proof measures may need to be extended to the main
 224 part of the wall, as Fig. 5 shows. Similarly, the appearance of LMA means that there is less
 225 prone to mould growth and condensation than other adjacent areas. Further, the difference

226 (denoted as ϕ_{\max}) between the maximum ϕ in the HMA (ϕ_{peak}) and the ϕ of the HMA boundary
 227 is 1.8%.



228
 229 **Fig. 5** Illustration of the high moisture area (HMA) and low moisture area (LMA) in the
 230 insulated WFTB (the distribution of ϕ at 6057 h).

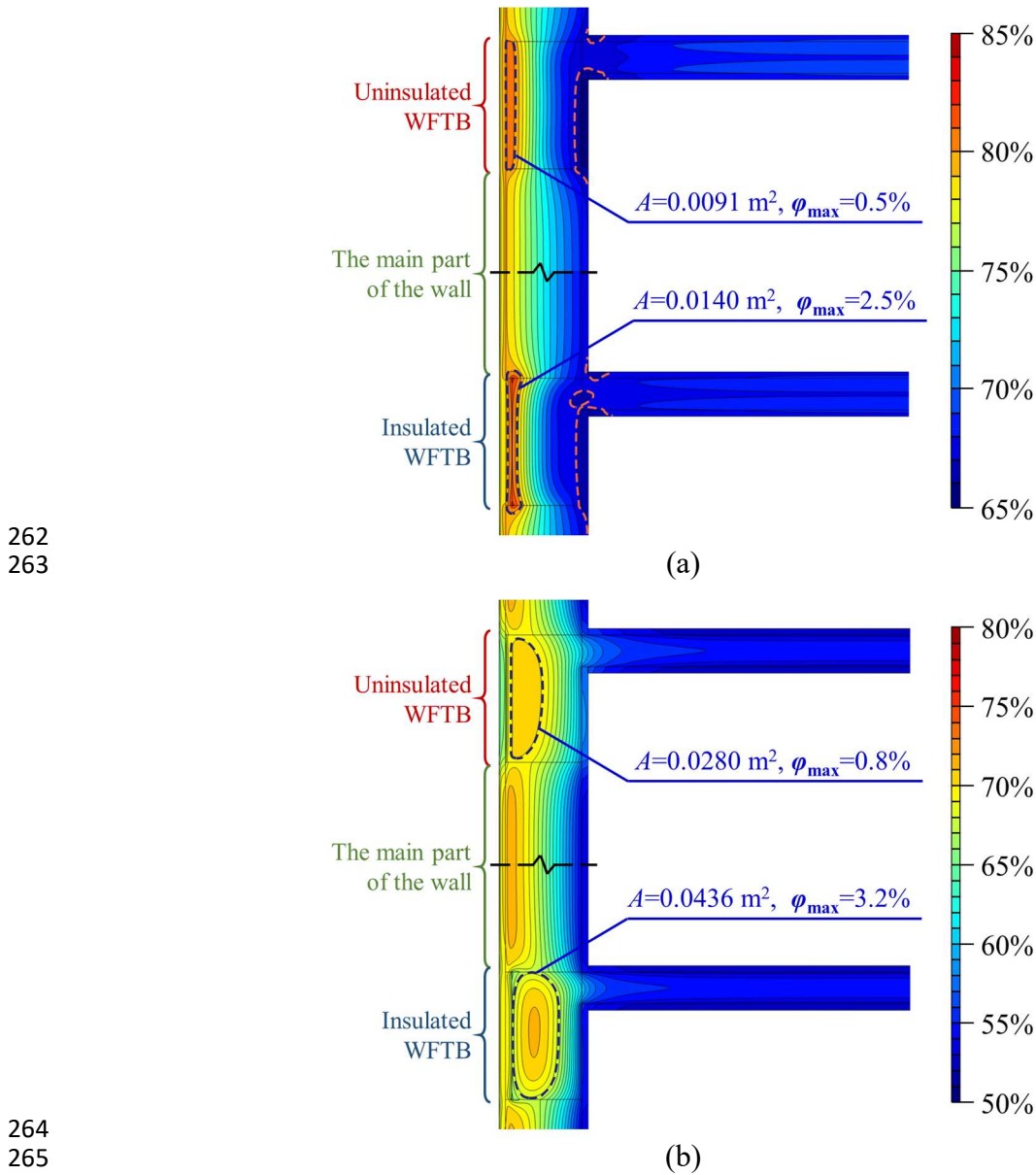
231 **Fig. 6(a) and (b)** display the distribution of $\phi_{\text{ave,t}}$ within WFTBs and their surrounding areas
 232 in the cooling and heating seasons, respectively. It should be noted that each figure is made up
 233 of the $\phi_{\text{ave,t}}$ distributions in uninsulated and insulated WFTBs to easily compare the difference
 234 in different components.

235 Because the relative humidity of ambient air is higher during summer, the moisture content
 236 in WFTB is higher during the cooling season than that during the heating season. As a result,
 237 the $\phi_{\text{ave,ts}}$ of the uninsulated WFTB are 72.5% and 67.0% in summer and winter, respectively;
 238 while the values of the insulated WFTB are 72.0% and 66.5%, respectively. It can be found that
 239 the $\phi_{\text{ave,ts}}$ of the insulated WFTB is higher than that of the uninsulated one in general. In the
 240 study case, the relative humidity of outdoor air is generally higher than that of indoor air, i.e.,
 241 the moisture transfers from outside to inside most of the time. Laying an insulation layer at the
 242 exterior surface of WFTB can isolate a part of inward moisture since the insulation material
 243 (expanded polystyrene, EPS) also has a function of moisture isolation. This process finally leads
 244 to relatively low humidity in the insulated WFTB.

245 In summer, by using **Eqs. (10-11)** and the hygrothermal properties provided by **Table 1**,
 246 the seasonal average of R (denoted as $R_{\text{ave,ts}}$) of uninsulated and insulated WFTB are calculated
 247 as 0.0824 and 0.0755 $\text{m}^2 \cdot \text{K} \cdot \text{W}^{-1}$, respectively. When the season changes from summer to winter,
 248 the $R_{\text{ave,ts}}$ increases only by 0.0004 and 0.0005 $\text{m}^2 \cdot \text{K} \cdot \text{W}^{-1}$, respectively, which means that the
 249 change of seasons has a very limited effect on the thermal performance. However, the thermal
 250 conductivity (λ) of the concrete is 2.74 $\text{W} \cdot \text{m}^{-1} \cdot \text{K}^{-1}$ under the absolutely dry condition, i.e., the
 251 R s of the uninsulated and insulated WFTB is 0.0876 and 0.0803 $\text{m}^2 \cdot \text{K} \cdot \text{W}^{-1}$, respectively.
 252 Therefore, the $R_{\text{ave,ts}}$ of WFTB are reduced by 5.3% to 6.0%, which indicates the thermal
 253 insulation performance is obviously deteriorated due to the moisture.

254 The HMAs are reported in all four WFTBs in **Fig. 6**. Even though the overall relative
 255 humidity in the insulated WFTB is lower than that in the uninsulated one, the phenomenon of
 256 HMA is much more pronounced in the insulated WFTB, which can be reflected by a broader
 257 area (i.e., A) and a larger gradient (i.e., ϕ_{\max}). Therefore, it can be said that the adoption of an
 258 insulation layer makes the moisture distribution more uneven, which may improve the risk of
 259 vapour condensation. Another noteworthy phenomenon is that the LMAs only appear at the

260 interior surface of the WFTBs area during the cooling season, as Fig. 6(a) shows. This may
 261 reduce the risk of mould growth.



264
 265
 266 **Fig. 6** The distribution of $\phi_{ave,t}$ within WFTBs and their surrounding areas in (a) summer, and
 267 (b) winter.

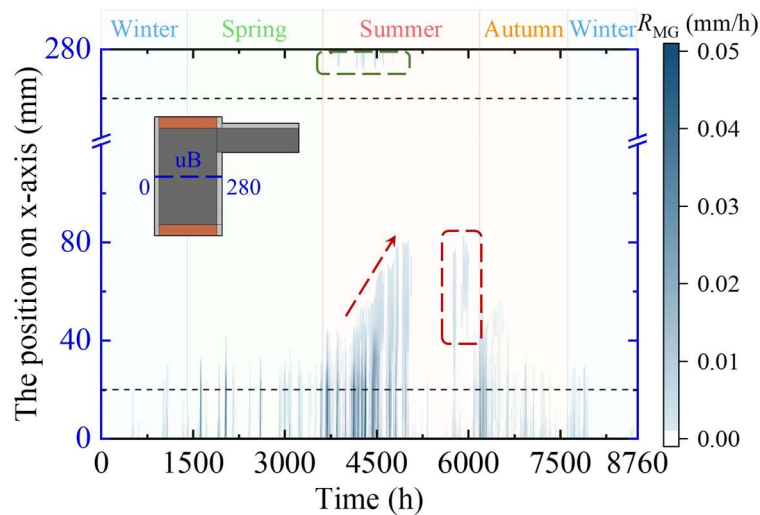
268 3.2. The mycelial growth in building envelopes

269 When the temperature and relative humidity is appropriate (see Fig.4-a), mould spores will
 270 germinate at the surface or inside of the building envelopes [7, 9-11]. After the spore
 271 germination, the mycelial will continue to grow if the hygrothermal environment is still within
 272 an acceptable range. It should be noted that the bacteriostatic effect of sunlight was not taken
 273 into consideration in this study.

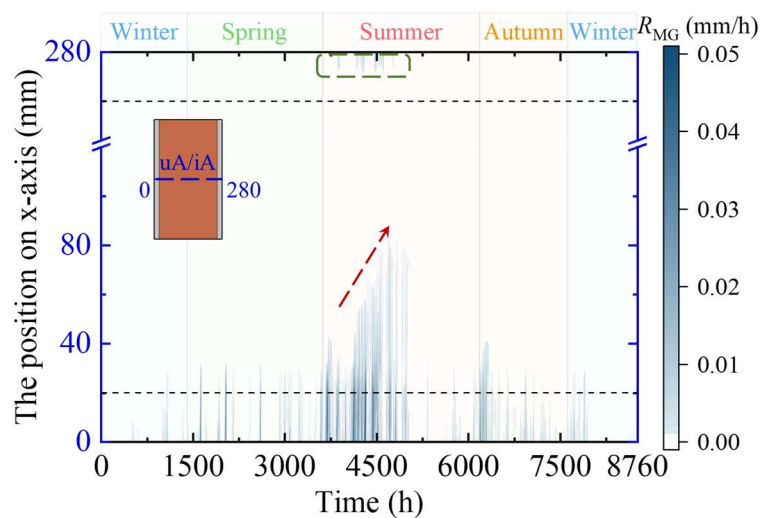
274 Fig. 7 gives the rate of mycelial growth (R_{MG}) along different cross-sections (see Fig. 2
 275 and the illustrations in Fig. 7) in the year. The uninsulated and insulated WFTBs are represented
 276 by cross-sections uB and iB, respectively. While both cross-section uA and cross-section iA

277 represent the main part of the wall as this area has beyond the influence range of WFTBs.
 278 Further, different chromas of the colour in Fig. 7 represent different growth rates of mycelia,
 279 *i.e.*, the darker the higher the growth rate, whereas the lighter the lower the growth rate.

280 Consistent with common sense, because of the relatively high relative humidity of the
 281 environment with a suitable temperature, the most suitable period for mycelial growth is early
 282 summer, *i.e.*, the plum rain season (from 29th May to 17th July, 3553-4751 h). Another period
 283 that mycelia grow rapidly is the time as summer moves to autumn, which is called “White Dew”
 284 to “Cold Dew” (from 7th Sept. to 8th Oct., 5977-6744 h) in China’s 24 solar terms. White Dew,
 285 the 15th solar term of the year, indicates the real beginning of cool autumn. At the night during
 286 this period, the temperature declines gradually and the vapour in the air often condenses into
 287 dew, which looks like white, on the foliage of plants or the exterior surface of buildings.
 288 Different from White Dew, which means the weather transitions from hot to cool, Cold Dew,
 289 as the 17th solar term in late autumn, indicates that the weather transitions from cool to cold. At
 290 this time, the air temperature is much low than during White Dew in most areas of China, and
 291 the dew is becoming frost. Therefore, the water vapour in the air condenses easily between
 292 these two solar terms due to the considerable diurnal temperature variation, which promotes
 293 spore germination and mycelial growth.



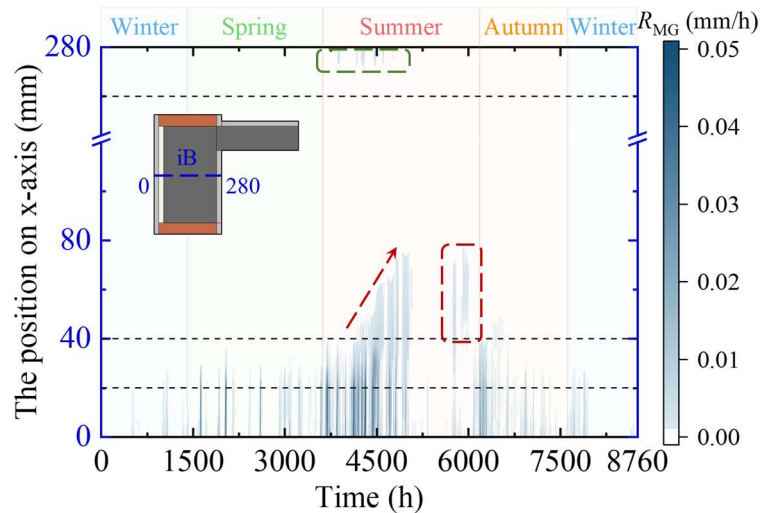
(a)



(b)

294
 295

296
 297



(c)

298
299

300 **Fig. 7** The growth rate of mycelial within different areas of building envelopes at all times of
301 the year: (a) the uninsulated WFTB, (b) the main part of the wall, and (c) the insulated WFTB.

302 Besides the season, which has an effect on mould because of the changes in temperature
303 and relative humidity, mycelia growth could also be affected by the moisture distribution. Under
304 the selected indoor and outdoor boundary conditions, the moisture transfers from outside to
305 inside in general, which results in the mould at the exterior surface growing earlier and faster
306 than that inside the building envelopes, as the red arrows show in Fig. 7. Whereas the red boxes
307 in Fig. 7 show a phenomenon that does not conform to the above-mentioned growth trend, *i.e.*,
308 the mould grows only inside the building envelope and the surface part has less risk of mould
309 growth. This phenomenon can be attributed to the existence of HMA (see Fig. 6-a), which
310 abnormally increased the relative humidity inside the building envelope and thus created an
311 appropriate microclimate for mould growth. Moreover, the LMAs at the interior surfaces
312 decrease the relative humidity and create conditions that are not conducive to mould growth
313 (see green boxes in Fig. 7). As a result, the R_{MG} at the interior surface is higher within the wall
314 area than that within the WFTB area, even though this phenomenon is not as apparent as the
315 above one.

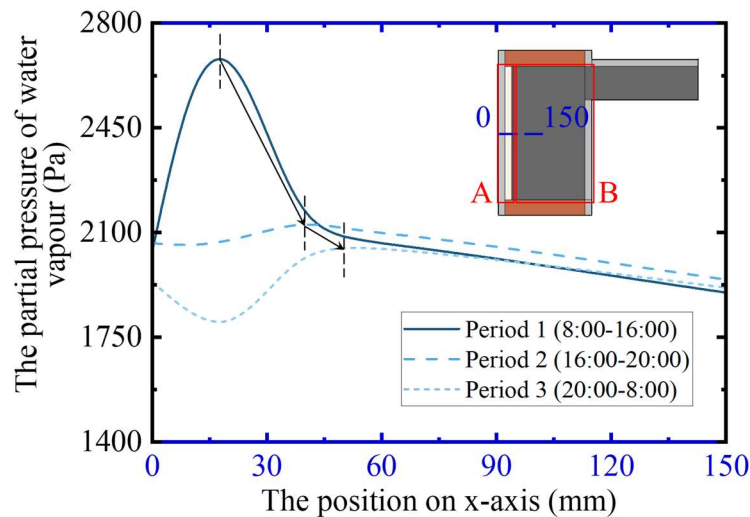
316 4. Discussion

317 The findings given by this study can enhance our understanding of how the moisture
318 distributes in the building envelopes that include both WFTBs and the main part of the wall. It
319 is obvious that laying a thermal insulation material outside the thermal bridge is beneficial to
320 reduce the heat dissipation of the thermal bridges. This is not only because of the thermal
321 isolating effect of such materials but also their function as a moisture barrier. The former can
322 directly improve the thermal resistance of building envelopes, while the latter can prevent the
323 thermal conductivity from increasing due to humidity by keeping the building envelopes dry.
324 However, the application of exterior thermal insulation also causes some side effects that have
325 not been revealed in previous studies. When the WFTB is externally insulated, the distribution
326 of moisture content becomes more uneven, which may lead to higher risks of condensation of
327 water vapour, spore germination, as well as mycelial growth. However, when the microclimate
328 in building envelopes frequently switches between appropriate and inappropriate, mould may
329 take a much longer time to develop or even do not react to such conditions, which is not
330 considered in the isopleth system. Therefore, the predicted mould risk is generally higher than

331 the real situation because of the neglect of the interim drying out of the fungi spores. In future
332 studies, another prediction model for mould growth, such as the VTT model or biohygrothermal
333 model [27] should be employed to further evaluate the mould risk.

334 Enhancing our understanding of the causes of the HMA helps to take measures to mitigate
335 moisture accumulation. Therefore, the year-average profiles of the partial pressure of water
336 vapour (p_v) in the insulated WFTB ($x=0-150$ mm, $y=800$ mm) are displayed in Fig. 8 The three
337 types of lines refer to period 1 (8:00-16:00), period 2 (16:00-20:00), and period 3 (20:00-8:00
338 the next day), respectively.

339 As Fig. 8 shows, the process of moisture accumulation can be concluded as follows: 1) in
340 the daytime (8:00-16:00), the heat caused by the intense solar radiation is blocked in area A by
341 the insulation layer, which results in a high temperature and low relative humidity here. Then,
342 according to Darcy's law, moisture transfers from the surrounding area to area A and increases
343 the p_v ; 2) When the sun sets, the sharp decrease of temperature in area A raise the relative
344 humidity. Consequently, a part of moisture follows Fick's law and then transfers inward (as the
345 arrows in Fig. 8 show), leading to the increment of p_v in area B; 3) As the night wore on (20:00-
346 8:00), the building-envelope temperature further decreases, increasing relative humidity, and
347 spreading the moisture in building envelopes to the ambient, which causes the p_v to decrease.



348

349 **Fig.8** The growth rate of mycelial within different areas of building envelopes at all times of
350 the year: (a) the uninsulated WFTB, (b) the main part of the wall, and (c) the insulated WFTB.

351 According to the above steps, the phenomenon of HMA will become more obvious when
352 the heat flow and moisture flow increase, which means the distribution of moisture is closely
353 related to the orientation because of the different intensity of solar radiation and moisture load
354 caused by wind-driven rain. It is, therefore, necessary to analyse the moisture distribution in
355 building envelopes that face different orientations in future studies. The mould risk shall also
356 be apparently different when the orientation changes.

357 Moreover, the effect of urban heat islands (UHI) during winter could also impact the
358 occurrence of HMA. If the UHI is more intense in period 1 (8:00-16:00) than in periods 2 and
359 3 (16:00-20:00 and 20:00-8:00), the HMA will become more apparent because the first step
360 mentioned above will be enhanced and subsequently cause the building envelope to absorb
361 much more moisture. Conversely, the HMA could be less obvious when the UHI in the last two
362 periods is more intense. Therefore, it can be said that the UHI not only influences the energy

363 consumption of the heating, ventilation and air conditioning system in buildings but also has an
364 effect on vapour condensation and mould growth.

365 Besides the consideration of the above factors, future studies should also propose some
366 practical methods to alleviate the HMA for the purpose of mould proof and condensation
367 resistance. Moreover, the HAMT model can be further optimized for increasing the simulation
368 accuracy, *e.g.*, considering the influence caused by air leakage. The air flows through not only
369 the inside of the porous materials but also the interface between different materials, with which
370 the enthalpy flow also occurs inside the building envelopes and changes the energy and mass
371 balance. Since the thermal bridges alter both the temperature and relative humidity on the
372 building surfaces, their heat transfer characteristics affect not only the energy conservation of
373 buildings but also building thermal plumes and the environment in street canyons, which is
374 worthy of further investigation [28, 29].

375 5. Conclusion

376 In order to investigate the moisture distribution and predict the mould growth risk of the
377 insulated and uninsulated wall-to-floor thermal bridges (WFTBs) as well as their surrounding
378 areas, a coupled heat and moisture transfer model is developed and the process of heat and
379 moisture transfer within the building envelopes is simulated. The average relative humidity in
380 the time and space domain is proposed to evaluate the moisture distribution. Whereas the
381 isopleth system is adopted to predict the spore germination and mycelial growth. According to
382 the results, the following conclusions are drawn:

- 383 (1) The moisture within the WFTBs deteriorates the thermal insulation performance by
384 5.3% to 6.0%, while the seasonal variation only has a very limited influence on the
385 thermal performance.
- 386 (2) Due to the difference in hygrothermal properties of building envelope materials, there
387 are areas where moisture accumulates (high moisture area, HMA) and areas where
388 moisture disperses (low moisture area, LMA).
- 389 (3) Laying a thermal insulation layer (expanded polystyrene, EPS) at the exterior surface
390 of WFTB reduces the overall moisture content of WFTB. However, the moisture
391 distribution becomes much more uneven when the EPS is used, which leads to
392 apparent HMAs and LMAs.
- 393 (4) Due to the dependence on background temperature and relative humidity, mould
394 growth shows a significant seasonality. The distribution of moisture on the surface or
395 inside the building envelope could also influence spore germination and mycelial
396 growth.

397 In accordance with the above conclusions, the thermal insulation for building envelopes
398 should be reconsidered when the moisture transfer is taken into account. On one hand, the
399 thermal insulation performance can no longer meet the requirements if the moisture transfer is
400 considered. And on the other hand, the application of the thermal insulation layer also brings
401 some side effects, which have not been reported in the previous studies. Therefore, the
402 combination of a thermal insulation layer and a vapour barrier membrane is recommended.
403 However, it should be noted that the above conclusions were drawn for the specific case located
404 in the HSCW climate zone and serviced by the air-conditioning system that operated in an
405 intermittent mode, whether the conclusion could be generalized to other cases should be further
406 discussed.

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412

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